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trans<sup>à</sup>mbulance

Wellcome to the  
TRANS\_ambulance

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05. Video guide to wear personal protective equipment against ebola

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### Wellcome to the TRANS\_ambulance

The emergency and medical transport of patients are two branches of a profession in which it is vital to continue training throughout their professional life. Here vital acquires all the sense of the word, because of knowledge, training and skills of its technicians can depend on the life of some people in critical situations.

We deal with people and their health, so that the experience is very important. Training is only the starting point and it is convenient to take steps into the right direction. For this reason, we collect all this vocation of medical transport and emergency technicians, and give them a vision, a goal and skills so that, with personal interest and perseverance, they get a career always demanded by society and most valued increasingly.

The **TRANS\_ambulance projet** project provides some valuable knowledge about the professional practice of the technicians of medical transport and emergencies with an innovative methodology, which brings users to technological change experienced by our society. The contents, very visual and interactive, make attractive the study and allow on-line learning (e-learning) which is perfectly suited to a profession that works 24 hours a day, 7 days a week.



This lifelong learning will help to improve the training and allow to get some skills to achieve personal and professional excellence and to facilitate the mobility of the technicians of medical transport within the European Union. Adapted to the four countries that make up the consortium: United Kingdom, France, Ireland and Spain, the TRANS\_ambulance training materials are developed in three languages (Spanish, English and French) and adapted to each country.

We start with **Driving and road safety in the module 1**. Medical transportation and extra-hospital emergency, halfway between transport and health, is located in the ambulance. And every ambulance has a driver, who is also a technician in medical transportation. In this module, we reviewed an ambulance driving techniques and how to do it in adverse weather conditions.

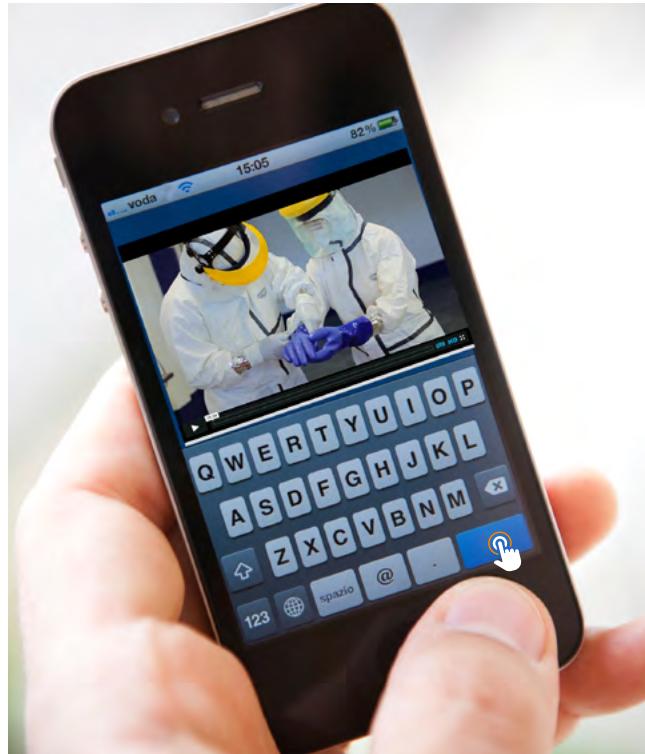


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Teamwork is a constant in emergencies, and in any project's success in all areas of life. We all have clear that, but do we know where to situate the ambulance in a crash which involved besides the police and firefighters? And how to protect the area? And wear proper protection equipment? All of this is detailed in **module 2, Ensure the work environment for the patient and the health care team**, as well as the prevention of occupational hazards, physical and psychological, to defend ourselves from violence related to the labour.

As a novelty, motivated by the medical news that has generated the ebola virus, we include 2 videos on the subject. The first, documents the transfer to Spain of the first patient of ebola in Europe, and the other shows how technicians gets and removes protection against the virus.

**Module 3. Mobilization and immobilization of patients**, a sample of highly visual way the preparation of the patient, according to its pathology, to not aggravate his injury before uploading to the ambulance and transfer him to the hospital, and most used immobilization devices and their techniques.



To view the video, click on the image

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Transferring the patient to the proper health center is the subject of the module 4. Clinical safety or how to make that transfer to the hospital correctly, verbal and documented. Also what other companies do to improve the quality of their service. Students who consult the contents in another language different from his own, will see another model of report of ambulance assistance. That will allow them to become familiar with them if the destination is beyond the borders of his country.

Modules 5, Techniques of Basic Life Support and 7, Advanced Life Support keep the essence of the profession. The Cardio-Pulmonary Resuscitation and airway management are paramount to save lives. The contents are true to the guidelines of the European Resuscitation Council (ERC) in its latest update. Health professionals often face with death, but there are also occasions where they welcome to life, as in the birth of a baby. And we must also be prepared for that.



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But all this knowledge would be limited if we do not have other values such as flexibility, tolerance, humility, or the positive attitude, especially in a profession of aid. With those values and the practical application of the guidelines developed in **module 6, Techniques of psychological and social support**, each student can become an excellent professional who knows how to listen to patients, work in teams, controlling their emotions during difficult times and help a coworker when he need it. The experience will do the rest, **the TRANS\_ambulance project** can be part of the road to professional excellence. That was the vision that has guided our project and we hope that you share.

